

# Girls Under 8 & 9 Program

2017



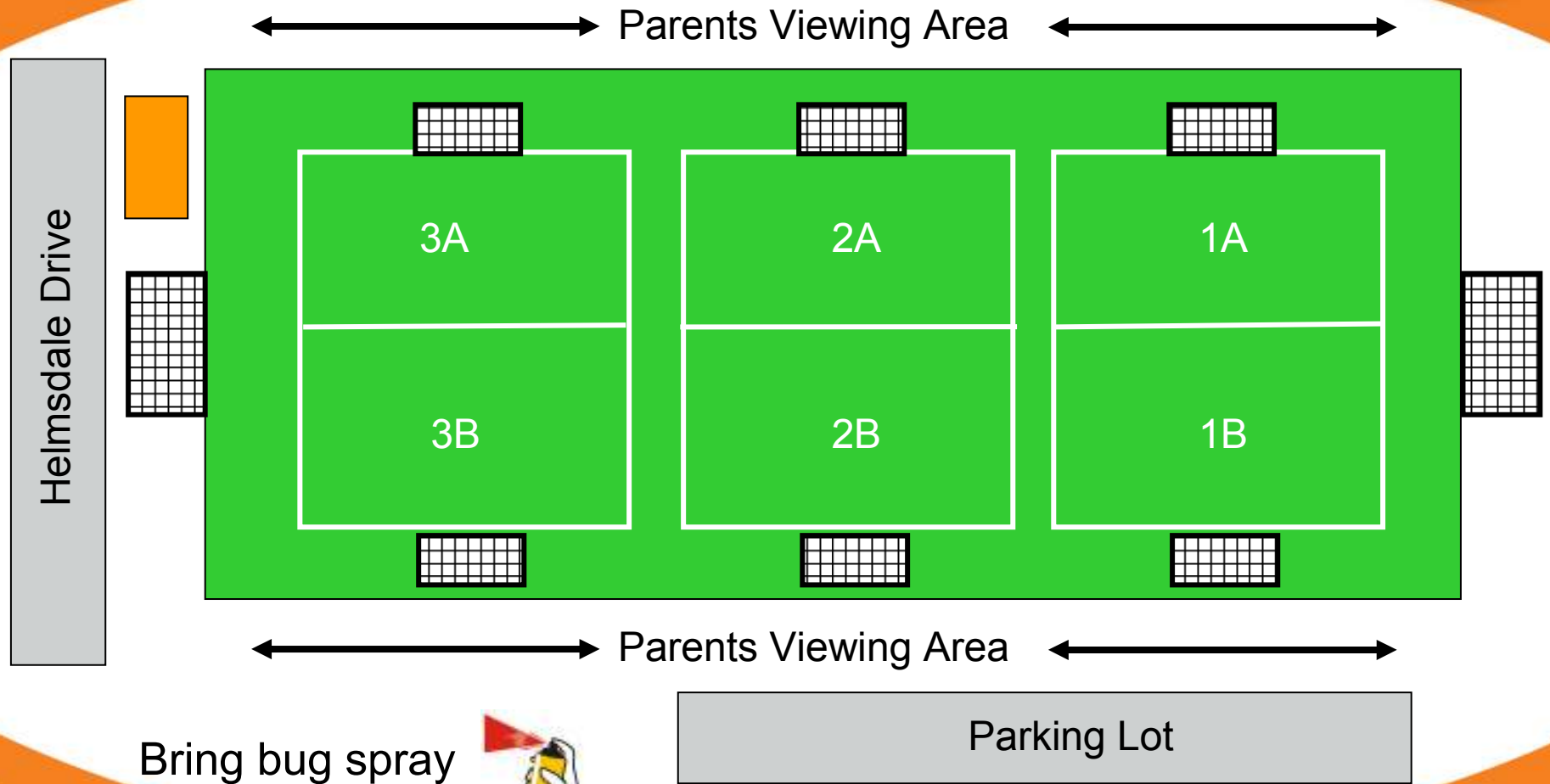
# Girls 8 & 9 Schedule



| Date   | Field         | 1A        | 1B        | 2A        | 2B        |
|--------|---------------|-----------|-----------|-----------|-----------|
| 23-May | Somerton Park | Teal      | Neon      | Raspberry | Purple    |
| 30-May | Somerton Park | Teal      | Purple    | Neon      | Raspberry |
| 06-Jun | Richcraft     | Neon      | Teal      | Purple    | Raspberry |
| 13-Jun | Somerton Park | Raspberry | Teal      | Neon      | Purple    |
| 20-Jun | Somerton Park | Neon      | Raspberry | Teal      | Purple    |
| 27-Jun | Somerton Park | Purple    | Raspberry | Neon      | Teal      |
| 04-Jul | Richcraft     | Neon      | Purple    | Raspberry | Teal      |
| 11-Jul | Somerton Park | Teal      | Neon      | Purple    | Raspberry |
| 18-Jul | Somerton Park | Neon      | Teal      | Purple    | Raspberry |
| 25-Jul | Somerton Park | Raspberry | Teal      | Neon      | Purple    |

- Please see field layouts for exact field position (next slides)

# Somerton Park Layout



Bring bug spray

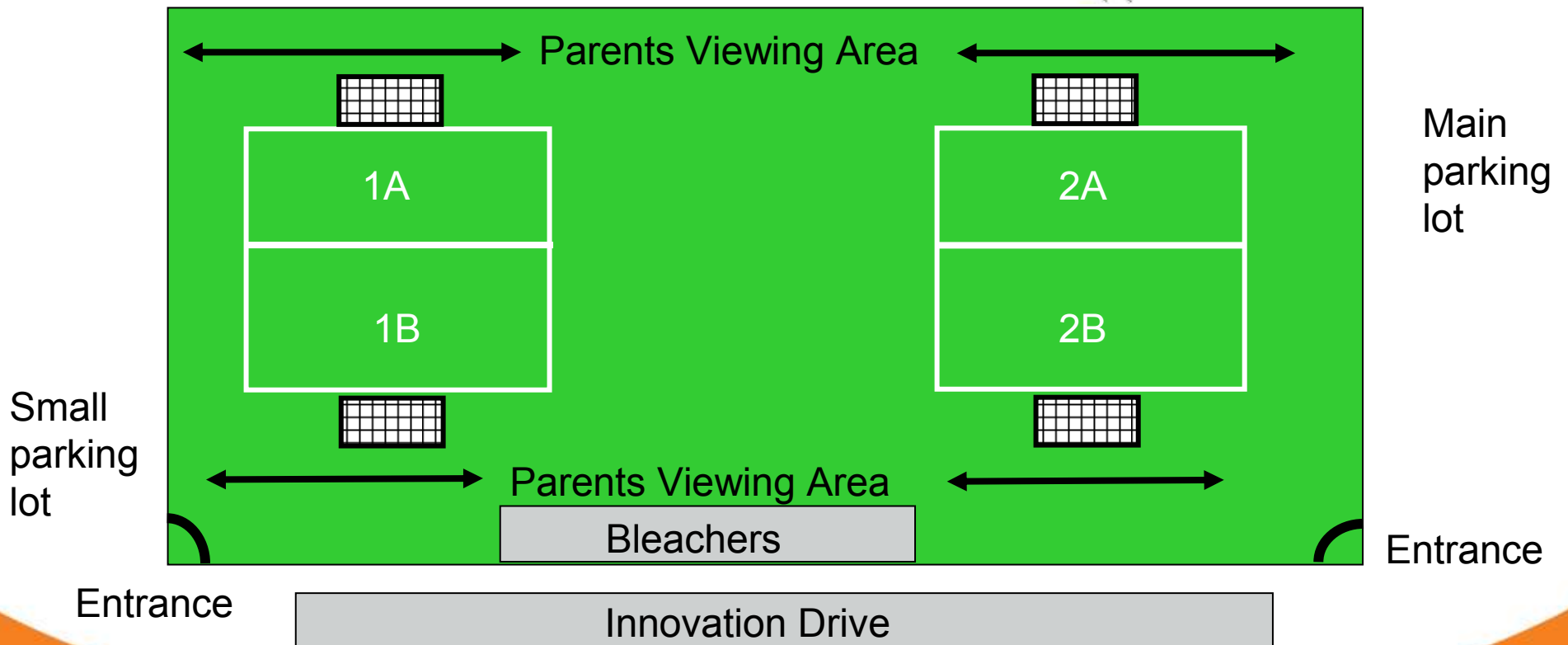


Parking Lot

# Richcraft Layout



Bring bug spray if you sit on this side



\* Teams on field 2 and 3 will switch at 6:30pm

# Drills & Game Details



| Date   | Field         | Drills        | Game          | Game Type |
|--------|---------------|---------------|---------------|-----------|
| 23-May | Somerton Park | 6:00pm-6:40pm | 6:40pm-7:00pm | 5v5       |
| 30-May | Somerton Park | 6:00pm-6:40pm | 6:40pm-7:00pm | 10v10     |
| 06-Jun | Richcraft     | 6:00pm-6:40pm | 6:40pm-7:00pm | 10v10     |
| 13-Jun | Somerton Park | 6:00pm-6:40pm | 6:40pm-7:00pm | 5v5       |
| 20-Jun | Somerton Park |               | 6:00pm-7:00pm | 10v10     |
| 27-Jun | Somerton Park | 6:00pm-6:40pm | 6:40pm-7:00pm | 10v10     |
| 04-Jul | Richcraft     | 6:00pm-6:40pm | 6:40pm-7:00pm | 10v10     |
| 11-Jul | Somerton Park |               | 6:00pm-7:00pm | 10v10     |
| 18-Jul | Somerton Park | 6:00pm-6:40pm | 6:40pm-7:00pm | 10v10     |
| 25-Jul | Somerton Park |               | 6:00pm-7:00pm | 10v10     |

# 10 -v- 10 game




- Use the full field
- Team plays against the other team on their field (see schedule)
- Coaches select a starting 10 players
- The remaining players are substitutes
- Coaches may substitute players in and out of the game as needed ie like hockey changes
- Coaches please try to ensure equal game time
- Try to switch goalkeeper throughout the game
- There will be referees for the 3 full length games, in the other games the coaches or a parent acts as the referee





## 5 -v- 5 game

- In this game the PUG goals  are used on half the field
- A coach splits his or her team into 2 teams, 1 team wears bibs
- The team only plays amongst themselves not against the other team on their field
- No goalkeepers
- Go 4 -v- 4 if you find that better, the spare player being a substitute

