

Under 6 & 7 Program Mondays & Thursdays

2025




Session Plan Template

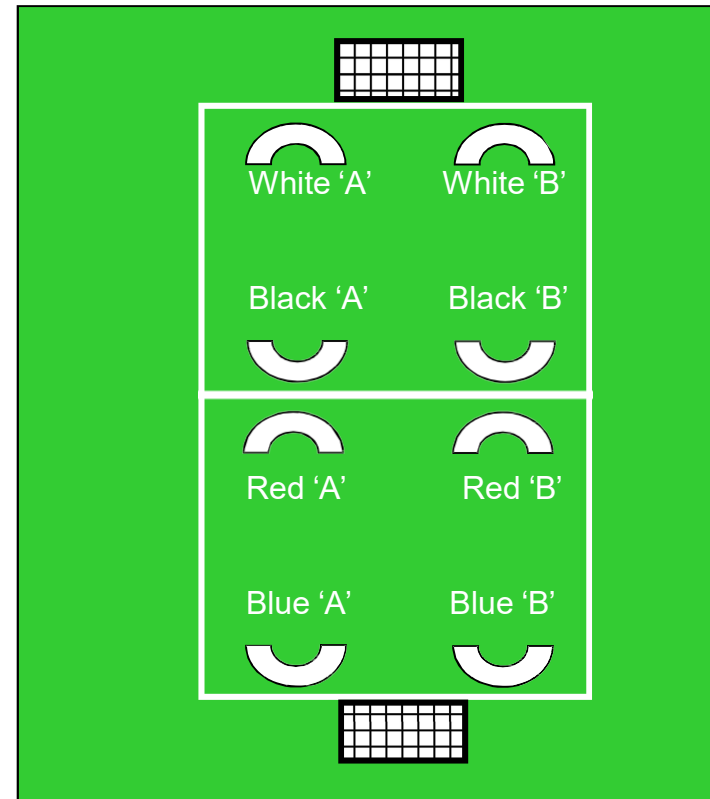


- See the coaching manual for each weeks drills
- However the generic template is
 - 6:00pm Warm up
 - 6:10pm Drills
 - 6:40pm Game, 6 v 6

6 -v- 6 game



- In this game the PUG goals are used 
- Mark the boundary of the field with pylons
- A coach splits his or her team into 2 teams
- Each split team plays against another team on the field
- No goalkeepers
- Schedule game for the last 20 minutes of the session



Schedule - Mondays



All games on May 26th are inter squad with pinneys

	Roland Michener #1		Klondike	
Date	Game 1	Game 2	Game 1	Game 2
June 2	Silver v Navy	Forest v Maroon	Purple v Orange	Intersquad game - Kiwi
June 9	Silver v Forest	Navy v Maroon	Purple v Kiwi	Intersquad game - Orange
June 16	Silver v Maroon	Navy v Forest	Orange v Kiwi	Intersquad game - Purple
June 23	Silver v Navy	Forest v Maroon	Purple v Orange	Intersquad game - Kiwi
June 30	Silver v Forest	Navy v Maroon	Purple v Kiwi	Intersquad game - Orange
July 7	Silver v Maroon	Navy v Forest	Orange v Kiwi	Intersquad game - Purple
July 14	Silver v Navy	Forest v Maroon	Purple v Orange	Intersquad game - Kiwi
July 21	Silver v Forest	Navy v Maroon	Purple v Kiwi	Intersquad game - Orange
July 28	Silver v Maroon	Navy v Forest	Orange v Kiwi	Intersquad game - Purple

Schedule - Thursdays



All games on May 29th are inter squad with pinneys

	Roland Michener #1		Klondike	
Date	Game 1	Game 2	Game 1	Game 2
June 5	Silver v Navy	Forest v Maroon	Purple v Orange	Intersquad game - Kiwi
June 12	Silver v Forest	Navy v Maroon	Purple v Kiwi	Intersquad game - Orange
June 19	Silver v Maroon	Navy v Forest	Orange v Kiwi	Intersquad game - Purple
June 26	Silver v Navy	Forest v Maroon	Purple v Orange	Intersquad game - Kiwi
July 3	Silver v Forest	Navy v Maroon	Purple v Kiwi	Intersquad game - Orange
July 10	Silver v Maroon	Navy v Forest	Orange v Kiwi	Intersquad game - Purple
July 17	Silver v Navy	Forest v Maroon	Purple v Orange	Intersquad game - Kiwi
July 24	Silver v Forest	Navy v Maroon	Purple v Kiwi	Intersquad game - Orange
July 31	Silver v Maroon	Navy v Forest	Orange v Kiwi	Intersquad game - Purple

