

# Under 8 & 9 Program Thursdays

2026



# Session Plan Template



- See the coaching manual for each weeks drills
- However the generic template is
  - 6:00pm Warm up
  - 6:10pm Drills
  - 6:40pm Game, 9 v 9

# Under 8 & 9 program



- The Under 8 and 9 program will play all games at Somerton Park (next to the Marshes golf course)
- All teams will play a 9 v 9 game against their opponent (Team 1 vs Team 2)
- See next page for the schedule

# Game schedule - Tuesdays



Date	Team	Team	Date	Team	Team
26-May	Team 1 - Red Team 3 - Lime	vs Team 2 - Orange	30-Jun	Team 1 - Lime Team 3 - Orange	vs Team 2 - Red
02-Jun	Team 1 - Orange Team 3 - Red	vs Team 2 - Lime	07-Jul	Team 1 - Red Team 3 - Lime	vs Team 2 - Orange
09-Jun	Team 1 - Red Team 3 - Orange	vs Team 2 - Lime	14-Jul	Team 1 - Orange Team 3 - Red	vs Team 2 - Lime
16-Jun	Team 1 - Orange Team 3 - Lime	vs Team - Red	21-Jul	Team 1 - Red Team 3 - Orange	vs Team 2 - Lime
23-Jun	Team 1 - Lime Team 3 - Red	vs Team 2 - Orange	28-Jul	Team 1 - Orange Team 3 - Lime	vs Team - Red

# Game schedule - Thursdays



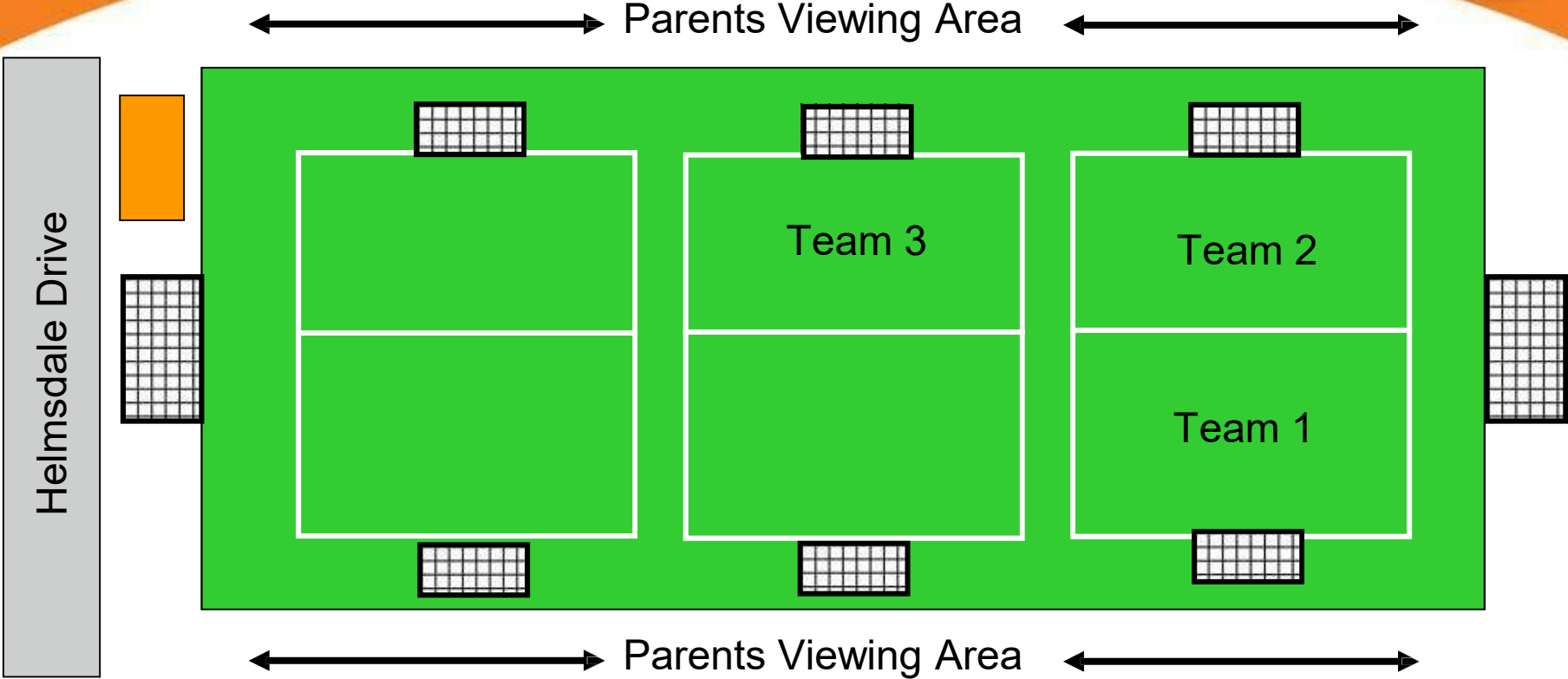
Date	Team	vs	Team	Date	Team	vs	Team
28-May	Team 1 - Royal Blue Team 3 - Purple	vs	Team 2 - Teal	02-Jul	Team 1 - Purple Team 3 - Teal	vs	Team 2 - Royal Blue
04-Jun	Team 1 - Teal Team 3 - Royal Blue	vs	Team 2 - Purple	09-Jul	Team 1 - Royal Blue Team 3 - Purple	vs	Team 2 - Teal
11-Jun	Team 1 - Royal Blue Team 3 - Teal	vs	Team 2 - Purple	16-Jul	Team 1 - Teal Team 3 - Royal Blue	vs	Team 2 - Purple
18-Jun	Team 1 - Teal Team 3 - Purple	vs	Team - Royal Blue	23-Jul	Team 1 - Royal Blue Team 3 - Teal	vs	Team 2 - Purple
25-Jun	Team 1 - Purple Team 3 - Royal Blue	vs	Team 2 - Teal	30-Jul	Team 1 - Teal Team 3 - Purple	vs	Team - Royal Blue

# 9 -v- 9 game



- Use the full field
- Team plays against the other team on their field (see schedule)
- Coaches select a starting 9 players
- The remaining players are substitutes
- Coaches may substitute players in and out of the game as needed i.e. like hockey changes
- Coaches, please try to ensure equal game time
- Try to switch goalkeeper throughout the game
- One coach should act as the referee

# Somerton Park Layout



Bring bug spray



Parking Lot

